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Volleyball Tryouts  
Pages 9 & 10

■ SPRING

■ APRIL 2, 2021

rmcacs.org

# ROCKY MOUNTAIN CLASSICAL ACADEMY NEWSLETTER

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### Front Office Hours:

7:30am — 4:00pm

### Attendance E-mail:

Nancetta Westcott  
[nwestcott@rmcacs.org](mailto:nwestcott@rmcacs.org)

**Front Office:** 719-622-8000

**Fax:** 719-622-8004

Good Afternoon RMCA Families,

Wow. We are right in the swing of things ending March and starting April. It was great to have some time over Spring Break, but I love having everyone back this week. We were right back to reading, writing and arithmetic. In fact, our first graders won the Spring Break challenge with 648 ST Math Puzzles and 872 minutes on Lexia. #ProudPrincipal

This next week is Assistant Principals week. If you are in the building or driving through carpool give a shout out to Mrs. Winzenried, Mr. Winston, and Mr. Cullers. They have been doing such a great job this year and deserve all the kudos they can get.

On April 20th, we will be having our next Prospective Student Night. We will open up the building for discussion of our vision, tours, and conversation with teachers. Please share this with your friends and family as we would like as many people as possible to experience our amazing community. Please reach out to [lhuit@rmcacs.org](mailto:lhuit@rmcacs.org) if you have any more questions or to RSVP.

In the next few weeks we will be celebrating the Pikes Peak Regional Math week here at RMCA. This week is a chance to put away the worksheets, paper/pencil formulas, and calculators. Simply engage with math as a family through delightful games and stories - all from the comfort of your own home. PPR Math Week's goal is for families to enjoy math games and stories for 5,000,000 total minutes. Each night after you play, you can take part in *Five Days to 5 Million* by entering your gameplay data using Google Forms on the Math Week Website. We would love for you and your family to participate and do some ST Math, math related activities together, play math games, and watch cool math investigations on YouTube. Just spend some time experiencing math together as a family.

Please enjoy the long holiday weekend. Remember **NO SCHOOL** on Monday. Get some rest and we will see everyone back on Tuesday.

Principal Mac

Donations Needed

*page 7*



# About RMCA

## Our Vision

*Creating culturally literate citizens who will impact their world for life, liberty, and justice.*

## Our Mission

*Rocky Mountain Classical Academy exists to support parents in developing citizens and characters who are equipped with a strong knowledge base and academic skills. The basis of this development is rooted in an academically rigorous, content-rich, classical educational program with Core Knowledge emphasis.*



Process Champions



## RMCA Captures Kids Hearts

Genuinely engaging our students is a pillar within the CKH program. There are several things we accomplish by implementing this step: we start the day with a positive greeting , affirm each students, welcome students into our class, and give them our full attention, first thing.

# Important Reminders

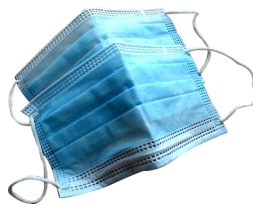
## Uniforms

Uniforms make it easier for students to focus in class and promote a safe student culture not focused on style, brands, and fashion trends. Please make sure your student's shorts and skirts are long enough to meet the uniform policy guidelines. Shorts and skirts should be no shorter than 2" above the knee when sitting. You may use this link for further information on the [RMCA Uniform Policy](#). Students may "dress up" on occasions when special events are scheduled, ie: music programs, game days for athletes, picture days, etc. Rules for modesty and dress code still apply on these days. Skirts must be of school appropriate length, no strapless or spaghetti strapped tops, no tight or low-cut clothing, no heels greater than 1", etc. Thank you for helping us by having your child follow this policy!



## Masks

We will continue to follow the state recommendations for students and staff members on wearing masks and facial coverings. Students ten and younger may wear masks and facial coverings. Students eleven years and older and staff members must wear masks or a facial covering. We ask that students wear masks and facial coverings *without words or images that could be scary for our younger students*.



## Cell Phones

Students need to have their cell phones and turned off and put in their backpacks before they enter the building in the morning. If students have their cell phones out of their backpacks the phone will be sent to the office. Smart watches may be worn if used as watches. If smart watches are used to take pictures, record, text, or place a phone call they will be taken to the office. Parents will be called and will need to pick the phone or smart watch up from the front office.



## Water Bottles

Please send your child with a water bottle each day. The drinking fountains have been turned off and covered for student safety. We have a touchless water bottle filling station available near the gym if students need to refill their water bottle through the day. Parents have donated some water bottles for students who have forgotten to bring one.

## Cold Weather

Colorado is known for its crazy weather! Be sure to watch the weather forecast and send warm coats for students on colder days. If it is too cold we will keep students in for inside recess, but want to give kids the opportunity to be outside and get their wiggles out as much as possible.



# Important Reminders

## Family Night

We will have our Prospective Student/Family Night on **Tuesday, April 20th from 5:30-7:00pm.** You will be able to meet some of our teachers and administrators, tour the school, and learn more about RMCA at this event.

## Email Us

If you have any questions or concerns, please email [info@rmcacs.org](mailto:info@rmcacs.org).

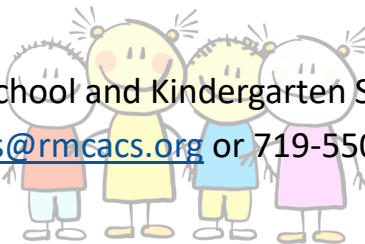
## Attendance

If your child will be absent, the best way to notify the school is to e-mail Nancetta at [nwestcott@rmcacs.org](mailto:nwestcott@rmcacs.org). You may also call the school and press #1 to reach the attendance line.

If your child has to be out of school for a COVID-19 related absence, you can contact your child's teacher for daily work. If your child is keeping up with their daily work and you are communicating with the teacher on a daily basis, the absences will not count against your child's total number of absences. This can apply if your child has to be out of school for a COVID-19 exposure or if they test positive for COVID-19 and are able to do school work.

## Preschool

RMCA is currently enrolling Fall Preschool and Kindergarten Summer Camp from ages 3 to 7. Please contact Melissa at [mcornelius@rmcacs.org](mailto:mcornelius@rmcacs.org) or 719-550-5440 for registration information.







Dear Rocky Mountain Classical Academy Families,

With the combination of very warm days, followed by cold days, you know that spring is around the corner. With the change in seasons comes the time to measure the progress your child has made in the classroom this year. Beginning April 13th-15th, third, fourth, fifth, sixth, seventh and eighth-graders will participate in Colorado assessments of English language arts and math. Our fifth and eighth-graders will also take tests in science on April 20th-22nd. These tests provide important feedback on the firm foundation we have built with each learner, during this tough year.

- These assessments do not define a student's abilities and skills, but they do impact how we deliver instruction to meet the unique needs of each student.
- For our school, testing helps us understand our strengths and weaknesses, as well as prioritize needs, define problems, and develop solutions. It also enhances the ability for student placement into the appropriate classes for high school.
- Parents gain insight about academic strengths and areas for growth, as well as information about how students compare to others across the state and nationally.
- Our community is provided with information about how our school is performing overall.

Here are some things you can do at home to maximize your child's success: eat a good breakfast the morning of the assessment, go to bed early to ensure a good night's rest, continue daily reading time at home, and continue to practice basic math facts.

On behalf of the entire staff, thank you for your continued support of your child, our teachers and our school. Please contact me if you have any questions or concerns. RMCA respects any parent's decision to opt out of the assessments. If you wish to opt your child out of this important assessment participation, you must come to our front office in person and sign the 2021 D49 State Assessment Parent Request form for Opt Out no later than March 19th, 2021. We cannot accept forms after that date. We cannot accept an e-mail or phone call to opt out, as we are legally required to have the signed form. If you choose to opt out your student from CMAS testing we will have a setting for them to silently read for all the testing days. This will be a non-instructional environment for the day of testing. The school library will not be available, classrooms and teachers will be a part of the testing at this time. If you choose to keep your student **who has opted out** at home **during these testing days**, we provide an administrative excusal for them.

Thanks again for your continued collaboration!

In partnership,

Cullen McDowell, Principal



## CMAS Testing Checklist



*continue to practice basic math facts*



*continue daily reading time at home*



*go to bed early to ensure a good night's sleep*



*eat a good breakfast the morning of the assessment*



## BOARD MEETING

RMCACS.ORG

## Please join us for our April RMCA Board of Directors Meeting

ROCKY MOUNTAIN CLASSICAL ACADEMY  
4620 ANTELOPE RIDGE DRIVE

THURSDAY APRIL 8TH 6:30PM  
IN THE COMMONS

ROCKY MOUNTAIN  
CLASSICAL ACADEMY





# Propsective Student Night

Join RMCA  
teachers and  
staff for a night  
of conversation  
and tours

April 20, 2021

5:30–7:00pm

4620 Antelope Ridge Drive

Get to know teachers, experience the curriculum,  
hear about the mission and vision of RMCA.

*Enrolling Now*

GIVE A LITTLE. HELP A LOT.  
**DONATIONS NEEDED**



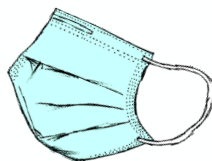
## FRONT OFFICE NEEDS :

- ✓ Cases of water
- ✓ Adult face masks

One case of water = One volunteer hour  
One box of masks = One volunteer hour

## WHAT TO BRING

- ✓ Donated item(s)
- ✓ Receipt(s)
- ✓ Hours will be logged accordingly



You must complete  
an application to  
volunteer or receive  
volunteer hours!

**APPLY HERE**

\*Due to COVID-19, please contact your student's teacher for work-at-home projects



PTO Fundraiser



# Smencil Sale

We have:  
Smencils  
Tri-Color Smens  
Neon Smens  
Mechanical Smens  
Pencil Pouches  
... and more!

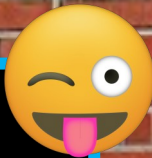


April 6th & 7th

In the Commons  
7:30am to 8:00am



We have  
170 yearbooks...  
Get 'em while they last!



**ORDER HERE!!!**



Submit photos of  
your student for  
the Middle School  
yearbook via email to  
[plevicki@rmcacs.org](mailto:plevicki@rmcacs.org).  
Deadline to submit is  
April 5th!



BUY  YOUR  
Middle School  
Yearbook

Questions?  
Contact Pam Levicki  
[plevicki@rmcacs.org](mailto:plevicki@rmcacs.org)



**\$25**



# FOOTBALL TRYOUTS

## TRYOUTS INFORMATION

**DATES:** Mon 4/5\* & Tues 4/6

**TIME:** 4pm-6pm

**LOCATION:** Laura Gilpin Park

**WHAT YOU NEED:** Fill out Athletics Registration form (link below), current physical submitted, cleats, water bottle, mask

\*Mon, April 5th, we are not in school but will still be having a tryout on this date\*

We require a copy of a current physical before your student is able to participate in the Tryouts. The easiest way to submit this is to take a photo with your phone and email that to [thumphrey@rmcacs.org](mailto:thumphrey@rmcacs.org)

Players will wear masks at the beginning of practice and then be allowed to take them off once they have been checked in

Email Mr. Radney for questions!  
[tradney@rmcacs.org](mailto:tradney@rmcacs.org)

**ATHLETICS REGISTRATION LINK HERE**



# VOLLEYBALL TRYOUTS

**Mon 4/5\* & Tues 4/6**

**6th Grade: 3:45-5pm**

**7th Grade: 5-6:00pm**

**8th grade: 6-7:00pm**

**Location:**  
**RMCA GYM**

## WHAT YOU NEED:

Fill out Athletics Registration form [here](#), gym shoes, water bottle, mask, current physical submitted (physical needed for tryouts *only*)

This year, we require a copy of a current physical before your child is able to participate in practice. The easiest way to submit this is to take a photo with your phone & email Mr. Humphrey at [thumphrey@rmcacs.org](mailto:thumphrey@rmcacs.org). You may also email Mr. Humphrey with any questions.

\*Mon, April 5th, we are not in school but will still be having a tryout on this date\*

## Attention: Middle School Students

PLEASE  
DON'T  
FORGET...



TO BRING YOUR  
WATER BOTTLE  
& Mask  
TO SCHOOL





## Rocky Mountain Classical Academy Landsharks Running Club

We offer a non-competitive youth program to introduce running to young athletes in a safe and fun environment. The focus is on self-improvement, being an encouraging teammate, and making new friends. The Spring Track Series is led by Ken Craig and is open to students in kindergarten through 5th grade. An (**Orange**) team t-shirt (\$15) is required for all runners. Shirts are used for the spring and fall season.

**PRACTICES** Practices consist of running games and track workouts with a strong focus on fun. All County and State COVID guidelines will be followed. Please see our website on how Landsharks is keeping coaches and kids safe. Practices are on Tuesdays and Thursdays at 3:45-4:30 pm beginning April 13, 2021. Please meet at the basketball courts.

### MEETS

Races are held on Sunday afternoons at TBD. Each race day runners will run **two** races. Meets are April 25, May 2 and May 9, 2021. Exact afternoon time TBD. All meets will follow the County and State guidelines and restrictions for both athletes and spectators. Runners will run 2 races at each meet.

- \* Meet #1- All runners will run the 50m dash, followed by the 400m race. Subject to change.
- \* Meet #2- All runners will run the 100m dash, followed by either the 400m or 800m race depending upon age. Subject to change.
- \* Meet #3- All runners will run the 200m dash, followed by either the 800m or 1600m race depending upon age. Subject to change.

**Runners must be registered prior to their first practice.**

Please register online at [www.landsharksrunningclub.com](http://www.landsharksrunningclub.com)

**\$60 registration fee until Registration closes on  
April 18, 2021 at 11:59pm.**

**Registration numbers could be limited due to COVID restrictions!**

I look forward to working with your athletes! Please consider volunteering to help coach or work at our race site. If you have any questions or would like to volunteer, please let me know!

**Coach: Ken Craig**

**Email: [kjcraig21@gmail.com](mailto:kjcraig21@gmail.com)**



## Help Us Keep Our School Open for In-Person Learning: Become a Sub!

With substitute teacher shortages, rising cases in the community and quarantines among our staff, our school is stretched thin. We need your help! Become a sub and keep our school open for in-person learning! Just as you use on-demand apps to rent vacation homes or to set up a ride, we request substitutes using Tagg. Tagg is a Colorado Springs based platform that connects schools with local substitutes offering their services. Think of it like Uber for education. Tagg enables you to start subbing in you child's classroom in just a week as an independent contractor!

### Accept Jobs



### Cover Classes



### Get Paid



### Why Create a Tagg Profile?

- Easy to sign up
- No sub license required
- Choose when to work
- Sub just at our school or sub at many schools
- Make between \$90-\$130 a day
- Help us stay open!

### How to Get Setup

- 1 Create your substitute profile at [subs.taggededucation.com/register](https://subs.taggededucation.com/register)
- 2 A team member will provide details to help you complete a background check (required without a license) and e-sign sub documents
- 3 Start subbing!

Have questions? Want more information?

Visit [www.taggededucation.com](https://www.taggededucation.com) or email us at [support@taggededucation.com](mailto:support@taggededucation.com)



Who likes ice cream?  
First Grade does!



JUST IN  
TIME WITH  
JII

648 ST Math puzzles  
872 minutes on Lexia

Rocky Mountain Classical Academy

**NOW  
ENROLLING FOR  
2021-2022**



The Military Child Education Coalition  
National School of the Year!  
Now Enrolling for In-Person Learning.

719-622-8000

[www.rmccacs.org](http://www.rmccacs.org)



# My Kid's Lunch

## FREE CHILD MEALS!

Extra Milk \$.60

Lunch \$2.95

Breakfast \$3.00

Adults \$3.70

All meals are FREE to students until the end of the school year. At RMCA, we are invested in our students' health and are committed to offer healthy food to our students.

Monday 4/5	Tuesday 4/6	Wednesday 4/7	Thursday 4/8	Friday 4/9
<b>Family Day</b>  <b>NO SCHOOL</b>	<i>Cereal Craisins</i>  WW Penne Beef Meat Sauce Steamed Broccoli Cinnamon Apples	<i>Lemon Pop- pyseed Bread 100% Juice</i>  Chicken Nuggets & Waffles, Syrup Home Fries Dried Fruit	<i>Cinnamon Roll Banana</i>  Beef Sloppy Joe Wheat Bun Steamed Corn Whole Fruit	<i>Zucchini Bread Craisins</i>  Turkey & Cheese Sandwich Mayo & Mustard Veggie Bag & Ranch Banana



# BASICS PROGRAM

PARENTING YOUTH AND TEENS WITH  
BEHAVIORAL HEALTH ISSUES

FREE & VIRTUAL

**Saturdays starting April 3,  
10 a.m. to 12:30 p.m.**

***\*CLASSES WILL MEET VIA ZOOM***

NAMI Basics is a free, six-week education program for parents and family caregivers of young people with behavioral health issues and/or diagnoses of mental illness. Classes are led by a trained team with firsthand, lived experience. A group setting provides a community of parents and caregivers facing similar situations.



Learn about early  
diagnosis, intervention  
& treatment of mental  
illnesses & brain disorders



Become your child's  
greatest ally at home,  
in school and  
in medical settings



Develop strategies  
for taking care of  
yourself as well as  
those you love

## REGISTRATION REQUIRED

To register or find out more information, call 719-473-8477

For more on NAMI, visit [namicoloradosprings.org](http://namicoloradosprings.org)



NAMI is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. If you have questions about Basics, please contact Emily Brady, NAMI family programs coordinator, 719-473-8477, or [familysupport@namicos.org](mailto:familysupport@namicos.org).



FOR YOUTH DEVELOPMENT\*  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# DISCOVER SUMMER

## YMCA SUMMER DAY CAMP

Ages 5 - 12

Camp starts on May 24, 2021.

We will have weekly sessions running through August 13, 2021.

### TIME

6:30 a.m. – 6:00 p.m.

### COST

Registration Fee (one-time)     \$50 per child

#### Weekly Day Camp Fee

Full Week - Members	\$220
Full Week - Nonmembers	\$250

#### 3 Day Option - Choose your 3 days!

Available at Tri-Lakes only	
Members	\$155/week
Nonmembers	\$185/week

### LOCATIONS

- Briargate YMCA
- Tri-Lakes YMCA / Lewis Palmer Elementary School
- Southeast YMCA
- Downtown / central locations will be announced soon!

**Join us for one week  
or all summer long!**

**Learn more at [ppymca.org/daycamp](https://ppymca.org/daycamp)**

**YMCA OF THE PIKES PEAK REGION**

Financial Assistance Available • CCCAP Accepted



# COVID-19: Information for Families

## Stay Safe, Stay Well, With These Helpful Reminders

- ▶ Wash your hands often or use hand sanitizer if soap and water are not available. Yes, even when you are at home!
- ▶ Avoid being around people that don't live in your house. Many people get sick being around people that they know. Limit contact to 15 minutes or less.
- ▶ Continue with social distancing (6 feet), just like at school.
- ▶ Wear a mask when you leave home, and when you are around people that don't live in your house.
- ▶ Help out with cleaning at home – disinfect items that others might touch, such as counter tops, tables, door knobs, light switches, handles and drawer pulls, toys, personal items, and surfaces in the car too.
- ▶ Don't share eating utensils, cups or glasses, or drink containers such as water bottles or juice boxes.
- ▶ Open windows at home when the weather is good. Fresh air is important.
- ▶ Consider getting a flu shot soon – contact your medical provider for information.

## Monitor Your Whole Family for Symptoms Daily:

- Monitor all family members for fever or other symptoms of illness, while at home or before leaving home. Take everyone's temperature with a reliable thermometer.
- If your student has any symptoms (even one symptom), they should not be going to the school, to small group instruction, or to special services for any reason. Notify the school immediately and keep your child at home.
- Any of the symptoms listed are possibly COVID-19. It is not possible to tell the difference between COVID and any other illness such as a cold, the flu, seasonal allergies or other illness, without a COVID PCR test. Some people have COVID and have only Minor Symptoms. Some people don't have any symptoms and still test positive for COVID. You might not know if someone has COVID or does not have COVID.
- Symptoms of COVID can appear 2 to 14 days after exposure to the virus. A COVID positive person can share the virus 2 days (48 hours) before they have any symptoms.

### COVID-19 Symptoms

CRITICAL SYMPTOM	MAJOR SYMPTOMS	MINOR SYMPTOMS
Loss of taste or smell	<ul style="list-style-type: none"><li>• Feeling feverish, having chills, temp of 100.4F or more</li><li>• New or unexplained persistent cough</li><li>• New or unexplained shortness of breath or difficulty breathing</li></ul>	<ul style="list-style-type: none"><li>• Sore throat</li><li>• Runny nose or congestion</li><li>• Muscle or body aches</li><li>• Headache</li><li>• Fatigue</li><li>• Nausea, vomiting</li><li>• Diarrhea</li></ul>

**EMERGENCY COVID-19 WARNING SIGNS** include: trouble breathing, persistent pain or pressure in the chest, new confusion, inability to wake or stay awake, bluish lips or face. Seek medical attention immediately by calling 911.

*This list is not all-inclusive for Major, Minor, or Emergency Symptoms. Please consult your medical provider for any other symptoms that are severe or concerning. Your medical provider may want to discuss evaluation, testing or have other directions for you.*

## If Anyone in the Home has any Symptoms or is Sick:

**Stay home!** Avoid being around others. If symptoms last longer than 24-48 hours, contact your medical provider.  
[www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/care-for-someone.html](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/care-for-someone.html)

### Where to get tested for COVID-19:

- ▶ [www.ElPasoCountyHealth.org/covid-19-testing-information](https://www.ElPasoCountyHealth.org/covid-19-testing-information)
- ▶ A PCR test is best. A rapid test for COVID-19 is only treated as accurate if it is a positive result. A rapid test might be negative because it's done too soon or too late to detect COVID. A PCR sample is sent to a lab for results.
- ▶ If there are no symptoms, it may be too soon to tell if COVID is present or not.
- ▶ It may take several days to get results back. While you wait, stay home and monitor symptoms. Avoid others.
- ▶ If anyone in the home has been tested for COVID, or has symptoms, it is best that everyone in the home stays home and waits for the test results. Or, separate the sick person from others as much as possible while waiting.

## If Anyone in the Home Tests Positive for COVID-19:

- ▶ Please notify the school, or school nurse. Even if we are E-learning, it is very important that we accurately keep track of the number of cases in our community and those cases associated with our district buildings.
- ▶ If someone in the home is positive for COVID, everyone in the home must stay home and isolate or quarantine also. The decision for the exposed household members to isolate for 10 days, or quarantine for 14 days, is dependent on several factors.
- ▶ Please contact the school nurse for more guidance. The school nurse can provide you with information that you need to care for your family and protect the community.

**For further guidance, contact your medical provider, El Paso County Public Health, or your school nurse.**

This information provided by District 49 Nursing Services  
[www.d49.org/nursingservices](https://www.d49.org/nursingservices)

## If you were advised to go into Isolation or Quarantine, would you know what to do?

[www.cdc.gov/coronavirus/2019-ncov/downloads/COVID-19-Quarantine-vs-Isolation.pdf](https://www.cdc.gov/coronavirus/2019-ncov/downloads/COVID-19-Quarantine-vs-Isolation.pdf)

- **Isolation** keeps someone who is infected with the virus away from others, even in their own home.
- **How long is Isolation?** 10 days to monitor for other symptoms and recover. Isolation is only 10 days, because you may have already had the virus 2-4 days before symptoms appear. Stay home and only go out if medically necessary.
- **Quarantine** keeps someone who might have been exposed to the virus away from others. It helps prevent spread of disease that can occur before a person knows they are sick or if they are infected with the virus without feeling symptoms.
- People in quarantine should stay home, separate themselves from others, monitor their health, and follow directions from their state or local health department. Stay home and only go out if medically necessary.

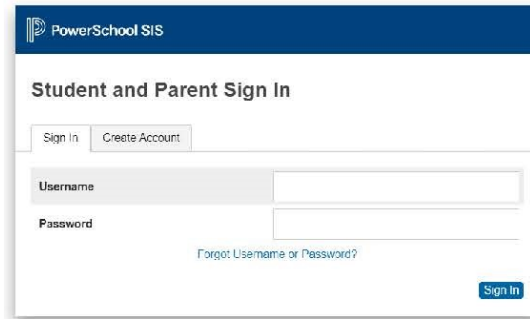
- **How long is Quarantine?** 14 days to monitor for any symptoms. It takes 2-4 days after being around someone sick with COVID for symptoms to appear if you are infected.
- If you have been around someone who has COVID, you will be advised to Quarantine. If symptoms start during Quarantine when you have been around someone with COVID, you will need to start your own 10-day Isolation to monitor for other symptoms and to recover.
- **Note:** If quarantine begins at noon on Day 1, it ends at noon on the last day.  
[www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html)

### References:

- ◆ [www.elpasocountyhealth.org](https://www.elpasocountyhealth.org) ◆ <https://covid19.colorado.gov>
- ◆ [www.cdc.gov](https://www.cdc.gov) ◆ <https://covid19.colorado.gov/cases-and-outbreaks-child-care-schools>

# How to Update Student Information in POWERSCHOOL

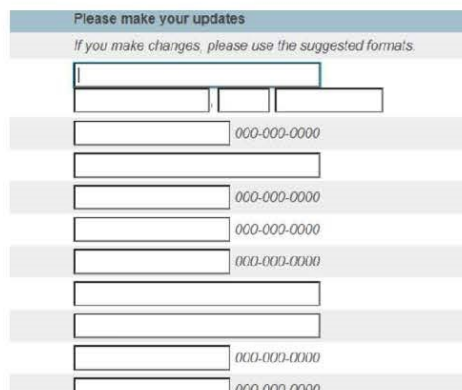
Step 1: Login to your parent PowerSchool account through our website

The image shows the PowerSchool SIS login page. At the top is a blue header with the PowerSchool SIS logo. Below the header is a white box titled "Student and Parent Sign In". Inside this box, there are two buttons: "Sign In" and "Create Account". Below these buttons are two input fields: "Username" and "Password". Below the password field is a link that says "Forgot Username or Password?". At the bottom right of the white box is a blue "Sign In" button.

Step 2: Locate the Demographic Change option on the left-hand side of your account



Step 3: Enter any new phone numbers, email addresses, emergency contacts or other changes of information. Make sure to press submit on the bottom right.

The image shows a form titled "Please make your updates". Below the title is a note: "If you make changes, please use the suggested formats." The form contains several input fields for updating contact information. The first field is for a phone number, followed by a field for an email address. Below these are several fields for emergency contacts, each with a suggested format of "000-000-0000". The form ends with a "Submit" button.

\*If you do not know your login information for PowerSchool, please contact us at 719-622-8000 and we can provide that for you.

\*If you want to update a student's address in PowerSchool, please send proof of residency to Lauren Huitt at [Lhuitt@rmcacs.org](mailto:Lhuitt@rmcacs.org). The only documents that will be accepted for an address change are a utility bill, mortgage statement, lease agreement, or real estate tax bill from the current calendar year.

\*If you do not see Demographic Change as an option on your account, please email Cassandra Cannon at [ccannon@rmcacs.org](mailto:ccannon@rmcacs.org) and she will be able to add that feature for you.

\*If you have multiple children at RMCA, please complete this process for each child on your account in PowerSchool.



**Submit an  
Anonymous  
Report**

**safe<sup>2</sup>tell Colorado**

Make a Report. Make a Difference.



**1-877-542-7233**



Anonymously report anything that concerns or threatens you, your friends, your family or your community.  
We are open 24/7, 365 to take reports.

**Parents** are key players in creating safer schools and communities. Safe2Tell Colorado provides the only anonymous way for students, parents and community members to report unsafe and risky behaviors before they grow out of control. Each year, Safe2Tell Colorado receives thousands of reports on bullying, cyber-bullying, suicide threats, mental health concerns, child abuse, substance abuse, violence, planned school attacks, and other concerning behaviors. Each concern reported to Safe2Tell Colorado allows for caring, concerned adults to effectively intervene in the life of a child or youth who is struggling.

Safe2Tell Colorado wants everyone to know - telling isn't "snitching." Telling is when you need to keep yourself or someone you know safe from threats, harmful behaviors or dangerous situations. Not sure if you should use Safe2Tell? If you don't, who will?

We need your help to improve your school and community. By calling, you can help stop a friend from committing suicide, get another student off drugs, or stop a bully from making other people miserable. If you have information about the following topics, please call.

**To make a report, call 1-877-542-7233 from anywhere, 24 hours a day, seven days a week.** The call is free. You may also make a report by clicking on the yellow conversation box adjacent to this paragraph that reads Submit a Tip or download the Safe2Tell mobile app on the [Apple App Store](#) or [Google Play](#). Remember, your identity is safe. No one will ask for your name or number. There is no caller id., no call tracing, no call recording and no call forwarding. We only want to hear your concern and try to help.

The anonymity of all Safe2Tell Colorado reports is protected by C.R.S. 07-197. This means the reporting party remains UNKNOWN by Colorado State Law.

**My Kid's Lunch**



## **FREE BREAKFAST & LUNCH FOR ALL CHILDREN AGES 1-18**

<b>Sundays from 10:30 to 11:30am</b>	<b>Sundays from 12:30pm to 2pm</b>
NUEVA VIDA CHURCH	BY GRACE COMMUNITY CENTER
801 N. Circle Drive COS, CO 80909	737 Dale Street Fountain, CO 80817

7 days Breakfast & Lunch w/gallon milk per child